



The Wednesday File

January 20, 2016



The Lord's Day at Northmount

Sunday is traditionally regarded as a day of worship and rest, of family and leisure. The Eucharistic celebration is the focal point of Sunday's importance, and this solemn celebration nourishes not only individuals, but also families and communities. In 1998, Pope St. John Paul II wrote the Apostolic Letter *Dies Domini* (The Lord's Day), exhorting all Christians to rediscover the central significance of Sunday:

Sunday is a day which is at the very heart of the Christian life. From the beginning of my Pontificate, I have not ceased to repeat: "Do not be afraid! Open, open wide the doors to Christ!" In the same way, today I would strongly urge everyone to rediscover Sunday: Do not be afraid to give your time to Christ! Yes, let us open our time to Christ, that he may cast light upon it and give it direction. He is the One who knows the secret of time and the secret of eternity, and he gives us "his day" as an ever new gift of his love. The rediscovery of this day is a grace which we must implore, not only so that we may live the demands of faith to the full, but also so that we may respond concretely to the deepest human yearnings. Time given to Christ is never time lost, but is rather time gained, so that our relationships and indeed our whole life may become more profoundly human (7).

Northmount is a family school and, as such, we believe it is appropriate to have our own Northmount family gathering this Sunday, January 24th, with the celebration of the Sunday Mass being the central focus. As we gather at the altar to worship as a school family, our celebration and communion will continue after the Mass as we gather for a social, including games for the children, capped off with a potluck dinner. St. John Paul II describes how the Sunday Eucharistic celebration should overflow into other parts of the day:

Sharing in the Eucharist is the heart of Sunday, but the duty to keep Sunday holy cannot be reduced to this. In fact, the Lord's Day is lived well if it is marked from beginning to end by grateful and active remembrance of God's saving work. This commits each of Christ's disciples to shape the other moments of the day — those outside the liturgical context: family life, social relationships, moments of relaxation — in such a way that the peace and joy of the Risen Lord will emerge in the ordinary events of life. For example, the relaxed gathering of parents and children can be an opportunity not only to listen to one another but also to share a few formative and more reflective moments (52).

It is our hope that we can make an annual tradition out of "a relaxed gathering of parents and children," a Northmount Lord's Day celebration. In this light, what better way to kick off Spirit Week than to begin with a community celebration involving families. As we gather to give thanks and praise, let us enjoy one another's company in leisure and joy, with children also participating in the joy of Sunday in the midst of their families, breaking bread at the altar and in the agora.

Peter Bacardi
Northmount Staff



Bring a Friend to School Day

On Friday January 22nd we are excited to be able to give friends of our K-Grade 4 boys the chance to come and enjoy a day at Northmount!

For parents of boys in the T(C)DSB, this date is a PD day and may well solve their daycare needs. It also serves as an opportunity for us to share that “*je ne se qua*” of Northmount. We all know that justice cannot be done to Northmount without experiencing it in person.

So, do you know a young man in your son’s network of friends who might be interested in a fun, engaging and memorable day as a Northmount Knight? If so, please reach out to their family and make the connection.

Please RSVP to Chris Ruch, chris.ruch@northmount.com along with the attached permission form.



— Everything is —

BETTER

WHEN YOU BRING YOUR FRIENDS

FRIDAY, JANUARY 22, 2016

The graphic features three fingers with simple black drawings of faces and arms, appearing to smile and wave. The text is in a clean, sans-serif font, with 'BETTER' in a larger, bold font. The date is enclosed in a thin black rectangular box.

Character Corner

How can I help my family recover from a post-holiday digital tech hangover?

<https://fulleryouthinstitute.org/blog/how-can-i-help-my-family-recover-from-a-post-holiday>

Mass Schedule

Friday, January 22, 11:25am

Celebrant: Fr. Dominic Borg, O.C.D. (Associate Pastor, Shrine of Our Lady of Fatima)

Altar Servers: Team St. Dominic Savio (Matthew B., Cole F., Thomas G.)

**** Sunday, January 24, 3:00pm ** Family Mass and Pot Luck Dinner ****

Celebrant: Fr. Henry Alva, O.F.M. Cap. (in residence St. Philip Neri Parish)

Altar Servers: T.B.D.

Tuesday, January 26, 11:25am

Celebrant: Fr. Roy Farrell (Pastor, St. Lawrence Martyr Parish)

Altar Servers: Team St. John Bosco (Lucas A., Thomas L., Patrick S.)

Parents, families, and friends welcome

Spirit Week Family Mass and Potluck Dinner

This Sunday, January 24th, Northmount will have its first ever Family Sunday Mass and Potluck Dinner to kick off Spirit Week. We understand that families have other commitments, such as the boys being scheduled to altar serve at their parish, or other events that day. If you can make only the Mass or only the dinner, that is perfectly fine! Please see this week's attachments for the R.S.V.P. form and potluck sign up sheet.



Canadian Tire Money

Listening to and working with parents is very much the Northmount way. Taking advantage of a parent idea and the fact that we often do not know what to do with our Canadian Tire money, Northmount School for Boys is asking parents to donate these bills. The donations will help the school purchase a myriad of items at Canadian Tire that might otherwise come out of budget dollars. Please help support Northmount and let us support a Canadian company through necessary purchases. There is a bin set up on the front counter where you can donate any bills. Thank you for your support!

Upcoming Events

Thursday, January 21, 2016	Grades 6-8 Exams
Friday, January 22, 2016	Grades 6-8 Exams Bring a Friend to School Day
Sunday, January 24, 2016	Family Mass and Potluck Dinner
Monday, January 25, 2016	Spirit Week—Hot Chocolate Day
Tuesday, January 26, 2016	Spirit Week—Crazy Hat Day
Wednesday, January 27, 2016	Spirit Week—Crazy Hair Day Pizza Lunch and Dress Down Day
Thursday, January 28, 2016	Spirit Week—Crazy Tie Day Grades 7-8 Camping Trip
Friday, January 29, 2016	Spirit Week— House Colours Day K-6 Trip (AM) and Talent Show (PM) Grades 7-8 Camping Trip
Tuesday, February 9, 2016	Pancake Breakfast—7:30 a.m. Mid-year Report Cards Mailed
Friday, February 12, 2016	Faculty Workshop—School Closed Northmount Day Camp (registration closes Feb. 5th)
Monday, February 15, 2016	Family Day—School Closed